

## Physician Well-Being Committee Physician Burn-Out Survey

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With multiple surveys show an average of [one in three doctors are burned out on any given office day](#) – some surveys show burnout rates as high as 87% – many organizations are wondering how to support physician wellness in a meaningful way.

### **Physician burnout is solidly linked to all of the following**

- Lower rates of patient care quality and patient satisfaction
- Higher medical error rates and malpractice risk
- Higher levels of physician and staff turnover
- Higher levels of physician depression, drug and alcohol abuse, divorce and suicide.

**It turns out that care quality, financial performance and physician wellness are intimately linked to one another.** Increasing physician wellness levels will reverse those negative effects and create improvements in morale and performance that roll right to the bottom line profitability of your organization.

### **When it comes to physician wellness ... how can you tell if you may be experiencing burn-out?**

**We have a potential answer for you.** You can participate in a confidential survey that will assess your individual burn-out.

If you are interested please contact Norman Myers, M.D., Chairman, Physician Well-Being Committee at 714-293-8265 or email at [norman.myers@stjoe.org](mailto:norman.myers@stjoe.org).

